

Unit 5 Test Answer Key

Prayer and Holiness

Multiple Choice

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|------|-------|-------|-------|
| 1. a | 8. a | 15. c | 22. a |
| 2. d | 9. b | 16. b | 23. c |
| 3. c | 10. d | 17. a | 24. a |
| 4. d | 11. c | 18. c | 25. d |
| 5. b | 12. a | 19. d | |
| 6. c | 13. b | 20. c | |
| 7. b | 14. d | 21. c | |

Matching

- | | |
|-------|-------|
| 26. h | 31. f |
| 27. d | 32. i |
| 28. j | 33. a |
| 29. c | 34. g |
| 30. b | 35. e |

True or False

36. F – Anyone
37. T
38. T
39. F – remember
40. F – on Good Friday

Essay

Student responses should include some of the points offered in the answers below:

A. Name and briefly describe four of the six different forms of prayer.

- **Blessing:** Asking God to care for a particular person, place, or activity, and blessing God for the blessings he bestows on us.
- **Adoration:** The prayerful acknowledgment that God is God and Creator of all that is. It's a recognition of the awesome power of God.
- **Petition:** Asking God for something you need.
- **Intercession:** Prayer on behalf of another person or group. When we offer intercessions, we join our love with God's love in prayerful concern for someone else.
- **Thanksgiving:** A prayer of gratitude for the gift of life and the gifts of life.
- **Praise:** A prayer of acknowledgment that God is God, giving him glory not for what he does, but simply because he is.



B. Name the liturgies of the Triduum and one unique feature of each liturgy.

- **Holy Thursday:** Called the Mass of the Lord's Supper; commemorates Jesus' washing the feet of the disciples and institution of the Eucharist at the Last Supper; includes presentation of the oils, washing of the feet, collection for the poor, transfer of the Eucharist.
- **Good Friday:** Called the Celebration of the Lord's Passion; begins in silence; Liturgy of the Word includes Isaiah's Suffering Servant reading and the reading of the Passion in the Gospel of John; intercessions are longer and often sung; veneration of the cross; the Liturgy of the Eucharist does not take place (only Communion); everyone leaves in silence.
- **Easter Vigil (and Easter Sunday):** Commemorates Jesus' rising from the dead, and his followers' discovering the empty tomb; begins with the Service of Light in darkness outside the church the Easter Fire is lit and blessed and the Paschal candle (Easter candle) symbolizing the light of the Risen Christ is lit from the fire, members of the congregation light their candles from the Paschal candle and enter the darkened church, the Exsultet (Easter Proclamation) is sung; Liturgy of the Word includes three to seven Old Testament and Two New Testament readings that give an overview of salvation history; the Litany of the Saints is sung, catechumens receive Baptism, catechumens and candidates receive Confirmation.

C. Name and explain three of God's gifts that can help us grow in holiness.

- **Intellect and free will:** Our intellect helps us to see and understand the natural order God has created. It helps us weigh decisions and evaluate outcomes, and in so doing, we can make good moral choices. Our free will allows us to act on those good choices that lead us to love God and one another.
- **Grace:** Grace is God's gift that empowers us to respond to his love, to receive a holiness that is a greater blessing than original holiness, and to help us live holy lives. Through grace, we participate in the life of the Holy Trinity with God as our Father, Jesus as our brother, and the Holy Spirit as the one who lives within us and gives us strength and guidance. Various kinds of grace assist us on our way to perfection.
- **Self-Reflection:** God has also given us the ability to reflect on our own thoughts and actions. This is sometimes called interiority, which is the practice of developing a life of self-reflection and self-examination to attend to our spiritual life and call to holiness. To do this, we need to take a break from the normal distractions of daily life, like spending a few moments of quiet in our bedroom as we begin or end our day. Doing so helps us strengthen and listen to our conscience, that small inner voice, making it easier for us to live holy lives.
- **The Church:** God's gift of the Church is an important aid to holiness. The Church provides us with opportunities for education, prayer, community, and service to the world. As the Body of Christ, the members of the Church give strength, hope, and support to one another in our common goal of becoming holy people.

